

## APS Continuum of Services

By specifically targeting prevention services, it has been proven that the likelihood of developing alcohol and drug abuse and engagement in other high-risk behaviors will be reduced.

APS offers programs and services at three distinct levels of need identified by the National Institute of Drugs and Alcohol

### Universal Prevention

This level of service targets the **general public**.

### Selective Prevention

This level of service targets populations that have been identified as **at risk**.

### Indicated Prevention

This level of services targets **at-risk populations who are showing signs of problems**.



## The Mission of EMQ Children & Family Services

To work with children and their families to transform their lives and to transform the systems that serve them.

## Addiction Prevention Services Contacts

Questions regarding the program, please contact  
**Toni Welch Torres**  
Program Manager  
408-437-8371

### MULTI-LINGUAL SERVICES AVAILABLE

For more information on how to access these services, call  
**Client Services**  
408-379-3796



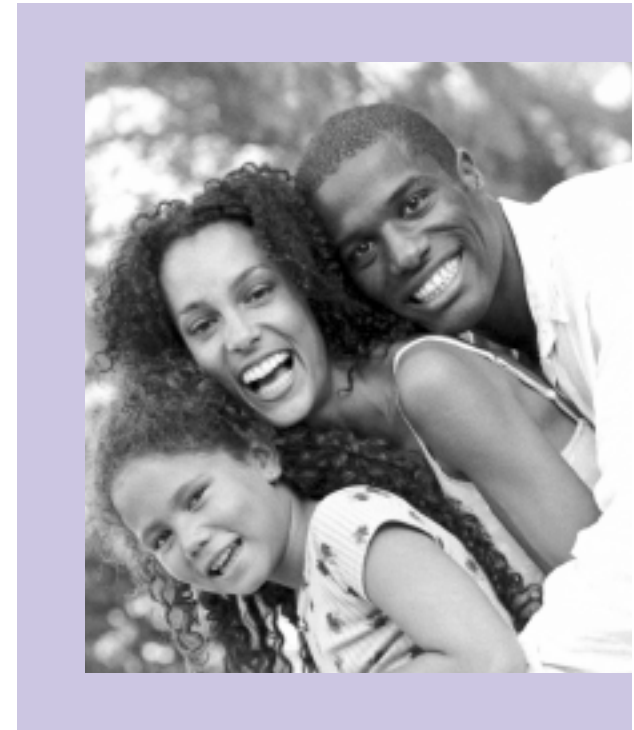
**EMQ**  
*Children & Family Services®*

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[www.emq.org](http://www.emq.org)



# ADDICTION PREVENTION SERVICES

## Healthy Living Through Prevention



## Breaking the Cycle of Addiction

## SCHOOL-BASED

### Prevention Counseling Services

On-site prevention counselors provide weekly services to elementary, middle and high schools by addressing the barriers to learning, and specifically targeting high-risk behaviors. Services are designed to meet the individual needs of the student, the school and the community.

#### Counseling and Support Services include:

- Classroom and assembly presentation
- Child & adolescent support groups
- Brief individual counseling
- Parent support and education programs
- Teacher/School staff training and support
- HIPP Service



## AGENCY-BASED

### Family Prevention & Intervention Programs

APS offers family-focused, strength-based programs at all of our community sites. They are designed to meet the specific needs of children and families impacted by addiction and other related issues.

#### Agency-based Prevention Programs include:

##### HiRAP Groups

Support groups for adolescents ages 13 –17, who demonstrate “high-risk” behavior

##### Holistic Intervention/Prevention Partnership (HIPP Service)

Provides safety, containment, and brief counseling for families in need of intervention matching those needs to appropriate community resources

##### Family Focus Groups

Using family systems approach, groups address addiction education and behavior modification in families

### Addiction Prevention Services Philosophy

Addiction Prevention Services of EMQ operates on the belief that effective prevention requires research-based strategies that build personal and social assets, reverse/reduce risk factors and provide reliable information. These approaches are developmentally appropriate and culturally sensitive and are designed in collaboration with children, parents and community.

## COMMUNITY

### Collaboration Partnership Programs

The APS Prevention Team participates actively within the community to strengthen and develop prevention strategies, enhance anti-drug norms and pro-social behavior, as well as change community standards and policies.



#### Community-based prevention programs include:

- Neighborhood prevention education programs and activities
- Targeted drug and alcohol prevention trainings and consultations for educators
- Collaboration with community members for addiction prevention
- Participation in evidence and research-based prevention practices and models
- Providing multi-media education and activities